

CorePower Yoga



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Find Your Inner Peace

Discover the transformative power of yoga at CorePower. Whether you're a beginner or an experienced yogi, our classes are designed to help you connect with your body, mind, and spirit. Start your journey today and experience the benefits of mindfulness, balance, and compassion.



Our Values

Mindfulness



Cultivating awareness, breath by breath.

Balance



Finding harmony between strength and rest.

Compassion



Creating a welcoming, inclusive community.

About



CorePower Yoga offers transformative classes like heated Yoga Sculpt and restorative CoreRestore, designed to strengthen your body, calm your mind, and build community—all in an inclusive, uplifting space.



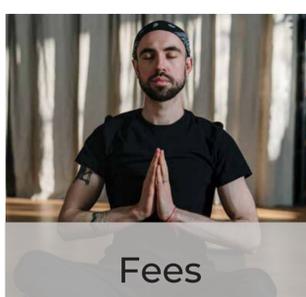
[Classes](#)



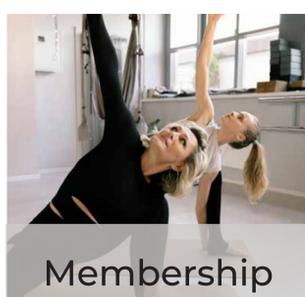
[Schedule](#)



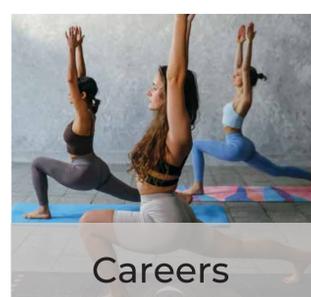
[Instructors](#)



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“CorePower changed my life. I came in feeling stressed and out of shape, and now I feel stronger—both physically and mentally.”

Bella Swane

Reviews

Savannah Rose



“Yoga helps me reset after a busy day. I love starting my mornings with a good stretch or unwinding in the evenings.”

Ruthie Fields



“I'm new to yoga, but it's already my favorite way to relax and recharge after a long day of studying.”

Leila Costa



“I want to stay active and flexible as I get older. Yoga seems like the perfect way to keep my body and mind healthy.”

Support Hours
Monday - Friday: 7am MST to 7pm MST
Monday - Friday: 7am MST to 3pm MST

CorePower Yoga Studio Support Center
3001 Brighton Blvd | Suite 269 Denver, CO 80216

833-448-2561

